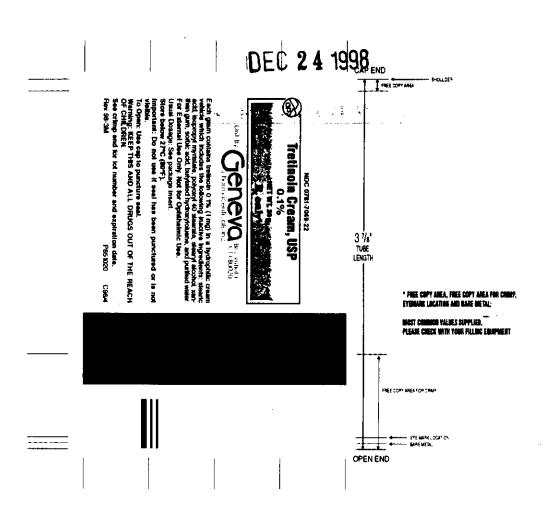
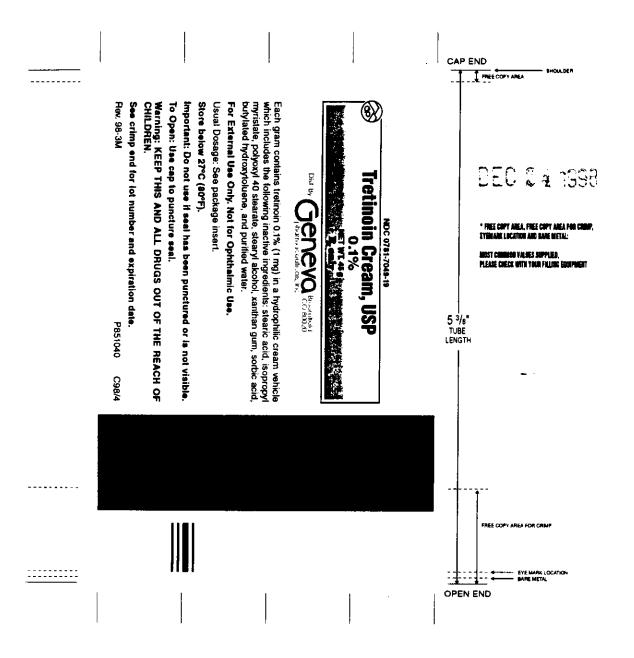
# **CENTER FOR DRUG EVALUATION AND RESEARCH**

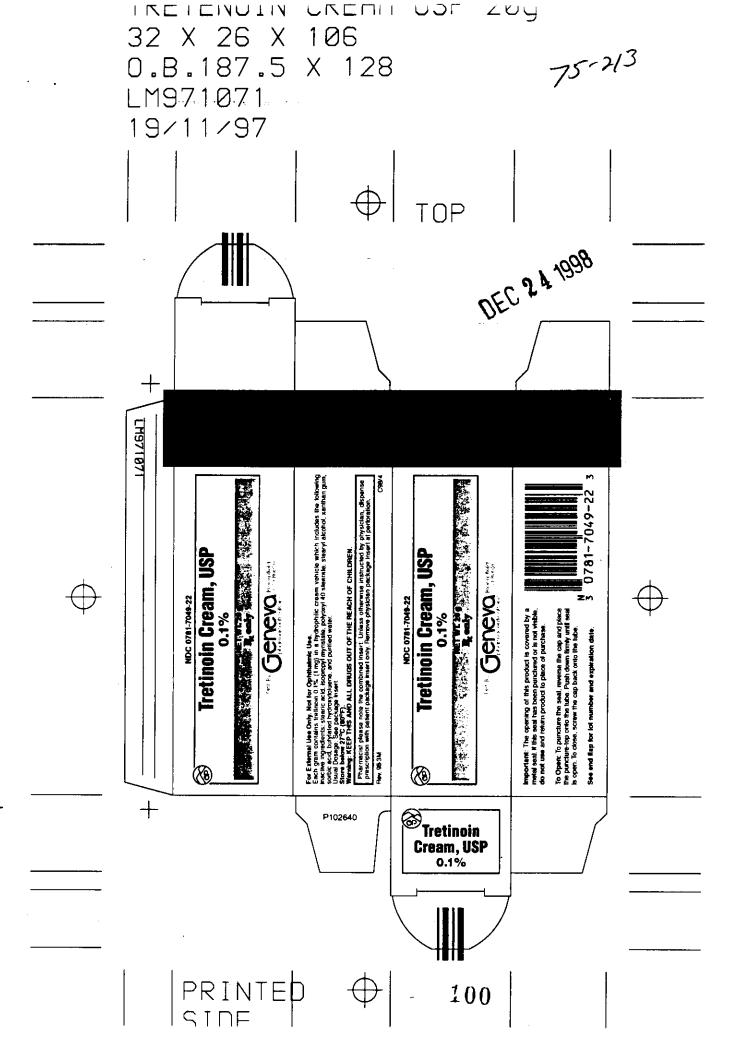
**APPLICATION NUMBER: 75213** 

### **PRINTED LABELING**



75-213





## Tretinoin Cream, USP

minimize exposure to sun. possible. Although the significance of

eratogenic in rats when given in doses 1000 times the topical

human dose.

been shown to be disparate data nts should avoid

Oral tretinoin

fetotoxic in rats when given in doses 500 times the

Pregnancy: Teratogenic effects. Pregnancy Category C.

### **PATIENT INSTRUCTIONS**

### Acne Treatment

IMPORTANT

Read Directions Carefully Before Using

P480110

R. only

For External Use Only. Not For Ophthalmic Use.

THIS LEAFLET TELLS YOU ABOUT TRETINGIN ACNE TREATMENT AS PRESCRIBED BY YOUR PHYSICIAN. THIS PRODUCT IS TO BE USED ONLY ACCORDING TO YOUR DOCTOR'S INSTRUC-TIONS, AND IT SHOULD NOT BE APPLIED TO OTHER AREAS OF THE BODY OR TO OTHER GROWTHS OR LESIONS. THE LONG-TERM SAFETY AND EFFECTIVENESS OF THIS PRODUCT IN OTHER DISORDERS HAVE NOT BEEN EVALUATED. IF YOU HAVE ANY QUESTIONS, BE SURE TO ASK YOUR DOCTOR.

### **WARNINGS AND PRECAUTIONS**

The effects of the sun on your skin. As you know, overexposure to natural sunlight or the artificial sunlight of a sunlamp can cause sunburn. Overexposure to the sun over many years may cause premature aging of the skin and even skin cancer. The chances of these effects occurring will vary depending on skin type, the climate and the care taken to avoid overexposure to the sun. Therapy with tretinoin may make your skin more susceptible to sunburn and other adverse effects of the sun, so unprotected exposure to natural or artificial sunlight should be minimized.

Laboratory findings. When laboratory mice are exposed to artificial suplicit, they often develop skin tumors. These sunlight-induced tumors may appear more quickly and in greater number if the mouse is also topically treated with the active ingredient tretinoin. In some studies, under different conditions, however, when mice treated with tretinoin were exposed to artificial sunlight, the incidence and rate of development of skin tumors was reduced. There is no evidence to date that tretinoin alone will cause the development of skin tumors in either laboratory animals or humans. However,

Use caution in the sun. When outside, even on hazy days, areas treated with tretinoin should be protected. An effective sunscreen should be used <u>any time you are outside</u> (consult your physician for a recommendation of an SPF level which will provide you with the necessary high level of protection). For extended sun exposure, protective clothing, like a hat, should be worn. Do not use artificial sunlamps while you are using tretinoin. If you do become sunburned, stop your therapy with tretinoin until your skin has recovered

Avoid excessive exposure to wind or cold. Extremes of climate tend to dry or burn normal skin. Skin treated with tretinoin may be more vulnerable to these extremes. Your physician can nend ways to manage your acne treatment under such conditions.

Possible problems. The skin of certain sensitive individuals may become excessively red, swollen, blistered or crusted. If you are experiencing severe or persistent irritation, discontinue the use of tretingin and consult your physician.

There have been reports that, in some patients, areas treated with tretinoin developed a temporary increase or decrease in the amount of skin pigment (color) present. The pigment in these areas returned to normal either when the skin was allowed to adjust to tretinoin or therapy was

Use other medication only on your physician's advice. Only your physician knows which other medications may be helpful during treatment and will recommend them to you if necessary. Follow the physician's instructions carefully. In addition, you should avoid preparations that may dry or irritate your skin. These preparations may include certain astringents, tolletries containing alcohol, spices or time, or certain medicated soaps, shampoos and hair permanent solutions. Do not allow anyone

Do not use other medications with tratinoin which are not recommended by your doctor. The medications you have used in the past might cause unnecessary redness or peeling

Wyou are programs, think yourers pregnant or are nursing an infant. No studies have been conducted in humans to establish the safety of tretinoin in-pregnant women. If you are pregnant, think you are pregnant, or are nursing a baby, consult your physician before using this medication.

#### AND WHILE YOU'RE ON TRETINGIN THERAPY

Use a mild, non-medicated soap. Avoid frequent washings and harsh scrubbing. Acne isn't caused by dirt, so no matter how hard you scrub, you can't wash it away. Washing too frequently or scrubbing too roughly may at times actually make your acne worse. Wash your skin gently with a mild, bland soap. Two or three times a day should be sufficient. Pat skin dry with a towel. Let the face dry 20 to 30 minutes before applying tretinoin. Remember, excessive irritation such as rubbing, too much washing, use of other medications not suggested by your physician, etc., may worsen

Remove this portion before dispensing. of other disorders have not been established Contraindications: Use of the product should be discontinued if hypersensitivity to any of the Indications and Usage: Tretinoin cream is indicated for topical acne vulgaris. The safety and efficacy of the long-term

ingredients is noted.

Precautions: General: If a reaction suggesting sensitivity or chemical irritation occurs, use of the medication should be discontinued. Exposure to sunlight, including sunlamps, should be of the medication should be discontinued. of sunscreen products and protective ciothing over treated areas is recommended when expo-sure cannot be avoided. Weather extremes, such as wind or cold, also may be irritating to patients minimized during the use of tretinoin, and patients with sunburn should be advised not to use the product until fully recovered because of heightened susceptibility to sunlight as a result of the use of tretinoin. Patients who may be required to have considerable sun exposure due to Tretinoin has been reported to cause severe irritation on eczematous skin and should be used to use the medication less frequently, discontinue use temporarily, or discontinue use altogether ing at the site of application. If the degree of local irritation warrants, patients should be directed of the nose, and mucous membranes. Topical use may induce severe local erythema and peel under treatment with tretinoin. occupation and those with inherent sensitivity to the sun should exercise particular caution. retinoin preparations for acne treatment should be kept away from the eyes, the mouth, angles

of alcohol, astringents, spices or lime should be used with caution because of possible interthe turnorigenic potential of weakly carcinogenic light from a solar simulator. In other studies, have not been performed: Studies in hairless albino mice suggest that tretinoin may accelerate the effects of such preparations subside before use of tretinoin is begun. action with tretinoin. Particular caution should be exercised in using preparations containing sultur, resorcinol, or salicylic acid with tretinoin. It also is advisable to "rest" a patient's skin until soaps and cosmetics that have a strong drying effect, and products with high concentrations with utmost caution in patients with this condition. Drug Interactions: Concomitant topical medication, medicated or abrasive soaps and cleansers Carcinogenesis: Long-term animal studies to determine the carcinogenic potential of tretinoin

when lightly pigmented hairless mice treated with tretinoin were exposed to carcinogenic doses

the incidence and

experimental

rate of development of skin tumors was reduced. conditions, no strict comparison of these disparce of these studies to man is not clear, patients sho

fretinoin Cream, USP

Not For Ophthalmic Use For External Use Only

stearyl alcohol,

Chemically, tretinoin is all-trans-retinoic

purified water, sorbic acid,

I cells

turnover of follocular epithelial cells causing extrusion of the comedones

decreased microcomedo formation. Additionally, tretinoin stimulates mitotic activity and increased

w topical application in use of this product in

treatment

evidence suggests that topical tretinoin decreases cohesiveness of follicular epithelial

Clinical Pharmacology: Although the exact mode of action of tretinoin is unknown,

75-213

#### **HOW TO USE TRETINGIN**

To get the best results with tretinoin therapy, it is necessary to use it properly. Forget about the Instructions given for other products and the advice of friends. Just stick to the special plan your doctor has laid out for you and be patient. Remember, when tretinoin is used properly, many users see improvement by 12 weeks. AGAIN, FOLLOW INSTRUCTIONS — BE PATIENT — DON'T START AND STOP THERAPY ON YOUR OWN — IF YOU HAVE QUESTIONS, ASK YOUR DOCTOR.

To help you use the medication correctly, keep these simple instructions in mind.

- Apply tretinoin once daily before bedtime, or as directed by

- your physician. Your physician may advise, especially if your skin is sansitive, that you start your therapy by applying tretinoin every other night. First, wash with a mild soap and dry your skin gently. WAIT 20 to 30 MINUTES BEFORE APPLYING MEDICATION; it is important for skin to be completely dry in order to minimize possible irritation.
- It is better not to use more than the amount suggested by your physician or to apply more frequently than instructed. Too much may irritate the skin, waste medication and won't give faster or better results.
- Keep the medication away from the corners of the nose, mouth, eyes and open wounds. Spread away from these areas

of 0.1% cream topically). However, at these topical doses, delayed ossification of a number of bones occurred in both species. These changes may be considered variants of normal devel-

ies in pregnant women. Tretinoin should be used during pregnancy only if the potential benefit

ustifies the potential risk to the fetus.

Nursing Mothers: It is not known whether this drug is excreted in human milk. Because mar drugs are excreted in human milk, caution should be exercised when tretinoin is used by

Because many

opment and are usually corrected after weaning. There are no adequate and well-controlled stud-

100 and 320 times the topical human dose, respectively (assuming a 50 kg adult applies 250 mg

logical tretinoin has not been shown to be teratogenic in rats and rabbits when given in doses of

- Cream: Squeeze about a half inch or less of medication onto the fingertip. While that should be enough for your whole face, after you have some experience with the medication you may find you need slightly more or less to do the job. The medication should become invisible almost immediately. If it is still visible, you are using too much. Cover the affected area lightly with tretinoin cream by first dabbing it on your forehead, chin and both cheeks, then spreading it over the entire affected area. Smooth gently into the skin.
- It is recommended that you apply a moisturizer or a moisturizer with sunscreen that will not aggravate your acre (noncomedogenic) every morning after you wash.

### WHAT TO EXPECT WITH YOUR NEW TREATMENT

Tretinoin works deep inside your skin and this takes time. You cannot make tretinoin work any faster by applying more than one dose each day, but an excess amount of tretinoin may irritate your

Temporary hyper or hypopigmentation has been reported with repeated application of a tretinoin preparation. Some individuals have been reported to have heightened susceptibility to

sunlight while under treatment with tretinoin. To date, all adverse effects of tretinoin have been

reversible upon discontinuance of therapy (see Dosage And Administration Section).

adematous, blistered, or crusted. If these effects occur, the medication should either be disevel the patient can tolerate. True contact allergy to topical tretinoin is rarely encountered.

Adverse Reactions: The skin of certain sensitive individuals may

nursing woman.

become excessively

continued until the integrity of the skin is restored, or the medication should be adjusted to

and marked redness, peeling, or discomfort may occur. Oral ingestion of the drug may lead to

he same side effects as those associated with excessive oral intake of Vitamin A.

Dosage And Administration: Tretinoin cream should be applied once a day, before retiring,

Overdosage: If medication is applied excessively, no more rapid or better results will be obtained

There may be some discomfort or peeling during the early days of treatment. Some patients also notice that their skin begins to take on a blush.

These reactions do not happen to everyone. If they do, it is just your skin adjusting to tretinoin and this usually subsides within two to four weeks. These reactions can usually be minimized by following instructions carefully. Should the effects become excessively troublesome, consult

BY THREE TO SIX WEEKS, some patients notice an appearance of new blemishes (papules and pustules). At this stage it is important to continue using tretinoin.

If tretinoin is going to have a beneficial effect for you, you should notice a continued improvement in your appearance after 6 to 12 weeks of therapy. Don't be discouraged if you see no immediate improvement. Don't stop treatment at the first signs of improvement.

Once your acne is under control you should continue regular application of tretinoin until your

physician instructs otherwise. Rev. 98-4

C98/4

Geneva Pharmaceuticals, Inc. Broomfield, CO 80020

Remove this portion before dispensing.

This is due to the action of the medication on deep, previously unseen lesions and should not

the skin where acne lesions appear, using enough to cover the entire affected area lightly,

Application may cause a transitory feeling of warmth or slight stinging. In cases where it has therapy may be resumed or frequency of application increased when the patients become able been necessary to temporarily discontinue therapy or to reduce the frequency of application

Alterations of vehicle, drug concentration, or dose frequency should be closely monitored by During the early weeks of therapy, an apparent exacerbation of inflammatory lesions may occur careful observation of the clinical therapeutic response and skin tolerance. to tolerate the treatment.

Patients treated with tretinoin preparations may use cosmetics, but the areas to be treated should Therapeutic results should be noticed after two to three weeks but more than six weeks Once the acne lesions have responded satisfactority, it may be possible to maintain se cleansed thoroughly before the medication is applied. (See Precautions) mprovement with less frequent applications, or other dosage forms. therapy may be required before definite beneficial effects are seen.

retinoin Cream, USP is supplied as:

be considered a reason to discontinue therapy.

\$ 89.€ Geneva Pharmaceuticals, Inc. Distributed By Strength/Form 0.1% Cream 0.1% Cream

Broomfield, CO 80020 Storage Conditions: Store below 27°C (80°F). NDC CODE 0781-7049-22 0781-7049-19